

**FALL
WINTER
2016-2017**



Allen Park Community Center

15800 White St.

Allen Park, MI 48101

Office: 313-928-0770

Senior Office: 313-928-0771

Monday-Friday 8:30am-4:30pm

Fitness Center Hours

(Subject to Change)

Monday-Friday

6:00 am-10:00 pm

Saturday

6:00 am-9:00 pm

Sunday

8:00 am-6:00 pm

***THE
RECREATOR***

Boccabella Park, below, received a new state of the art playscape complete with dual slides, swings and a climbing structure.



Millward Park, above, received a new playscape made of recycled materials. (More than 53,000 plastic containers were used!)

Letter From the Director

Fall 2016

Dear Residents:

We are pleased to present this edition of The Recreator News. Enclosed are our program offerings for the Fall and Winter 2016-2017, with additional programs still to come. Please check our web page for the most recent additions.

Over the past few years, we have installed new playground equipment in **six** parks through grant funding from Wayne County. In 2017, we plan to have a new playground at Champaign Park. This playground is planned as "Community Build" installation. This means we will need your help to construct and install these units. Please check our website often for more information. By coming together as a community to build these structures, we can provide more play activities for Allen Park children. Champaign Park is planned for installation in late spring or early summer.

We also thank the Bulldogs, APAC and MUSYL Soccer for their support and welcome the Allen Park Hockey Association back to Allen Park Community Center. For tots, youth, adult or seniors, we hope you join us in an activity that will put a smile on your face. It's a very good time to be an Allen Parker.

Sincerely,

Patrick Hawkins, Director
Parks, Recreation and Community Center

Senior Membership Information

The Allen Park Parks and Recreation Department offers Senior Adult Programs for Allen Park Senior Residents. The Senior Program provides diverse services and activities which are available to Seniors 50 years of age and over.

Programs and activities at the Community Center include recreational activities plus many special events; many of these programs are offered in coordination with other agencies. The center also serves as a community resource for information and keeps you abreast of current happenings at our site and in our community.

We extend an invitation to the Senior Adults of our community to join us in programs designed especially for you. Pick up our monthly senior newsletter the "GRAPEVINE" for additional information.

Dues for membership are \$9 per year.

Lunch/Meals on Wheels:

313-928-1775
Monday-Friday
8:30am-12:00pm
(Call 24 hrs in advance
for reservation)

Liquid Nutrition:

734-727-7357
3rd Friday of Month
(8:30 a.m. – 12 noon)

Senior Citizen's Alternative Transportation (SCAT)

The City of Allen Park provides **Senior Program Members (Annual Fee)** with a means of transportation **Monday through Friday, 8:30 a.m. to 3:30 p.m.** Our transportation is a way to provide an accessible and affordable means of transportation for seniors who do not drive.

The Bus/Van travels within a 3 mile radius of the borders of Allen Park for medical, dental, business, banking and shopping needs. Also, transportation to and from the Community Center is provided. You must reserve your transportation one day in advance. **To schedule a ride, call the Senior Office 313-928-0770, Monday thru Friday, 8:30 a.m. – 4:30 p.m.**

Same Day Shuttle service is now available. Need a ride at the last minute? We can help. Give us a call and based on availability, we can be there in about an hour! The cost for the Same Day Shuttle is \$3 each way.

The staff at the Parks & Recreation/Senior offices will try to assist you with activities, scheduling and transportation needs.

Transportation: \$2 each way
Same Day Shuttle Service: \$3 each way
Transportation to Community Center: \$1 total

Pickle Ball

Join us Tuesday & Thursday
in the Gym
from 9:00AM to 12:00PM
PURCHASE A \$25.00 PUNCHCARD
With 10 visits Or \$3.00 a Day
All are welcome!
Paddle and Balls provided.
Questions? 313-928-0771

Senior Exercise

Senior Exercise with Mary

Increase your functional fitness for a better quality of life. Mary demonstrates low impact Senior Exercises designed to keep you fit.

Monday, Wednesday, Friday 9-10am.
Cost: \$3 per class

Tai Chi with Barb Reynolds

Enhance balance and body awareness through slow, graceful precise body movements. Wear loose clothing and flat shoes.

Monday and Friday 10-11am.

Cost: \$3 per class
Activities will be held at the Community Center

Cards and Games

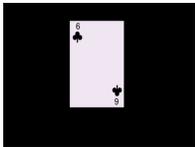
BINGO

| | | | | |
|----|----|------|----|----|
| 12 | 25 | 41 | 51 | 63 |
| 3 | 30 | 37 | 54 | 66 |
| 7 | 21 | FREE | 56 | 74 |
| 1 | 26 | 35 | 50 | 69 |
| 10 | 17 | 45 | 47 | 64 |

MILTON BRADLEY COMPANY
Springfield, Massachusetts

BINGO

Tuesdays at 12:30pm
Cost: 25 cents per card



PINOCHLE

Thursdays at 12:00pm
Cost: \$1.50 per player

Activities will be held at the
Community Center

Deaf/Hard of Hearing



This new weekly social gathering will be held every Wednesday from 10am-3pm.

Stop in on any Wednesday for more information.

Crafts

Quilters

The Quilters meet every Wednesday morning at 10am. Please bring your own quilting supplies.

Cost is \$3 per person.

Activities will be held at the Community Center

BLUE ELEPHANT PAINTING

Join your fellow Allen Parkers and create a work of art!

"Poinsettia"

November 22nd 1pm
8x10 \$15

With this class, you will have the option to turn your painting into your Christmas Card for an additional \$20 for 25 cards!

Please allow one week for delivery.

"Going Out"

March 14th 1pm
Shoe and Purse picture
11x14 \$20

Activities will be held at the Community Center

Senior Activities

Senior Trips

We are in the planning stages for some one-of-a-kind ONE DAY Senior Trips.

Future trips include:
Frankenmuth
Parade Company

Senior Christmas Shopping*

Need to finish your Christmas shopping? The Allen Park Seniors will take over "the NEW Southland Mall" on Thursday, December 1, 2016. The bus leaves the Community Center at 9:30am and returns at 2pm..Enjoy shopping and lunch with your friends.

Registration begins: November 2

Limit: 11 persons

Cost for transportation: \$5
(lunch is not provided)

Senior Christmas Lunch*

Time to celebrate the Christmas season with your fellow Allen Park Seniors. Our Annual Christmas Luncheon will take place at The Rhapsody on December 15, 2016.

Registration begins: November 2

Transportation Limit: 11 persons

Cost for transportation: \$5

*Must be a member of Allen Park Seniors

Health Awareness

Blood Pressure

Testing on 1st Tues. of the month
9:00am-11:00am

Massage with Denise

Every other Thursday. Please call for appointment

\$6 for 15 minute session
313-928-0771

Dr. Redmond

Foot Doctor-Every 63 days
Please call for appointment, insurance required
313-928-0771

Adult Activities

Cardio Drumming Tuesday and Thursday 6:30pm

Downriver Fit Family is proud to bring Cardio Drumming to the City of Allen Park. It is a fun alternative to everyday ordinary workouts and great class for any age and fitness level.

We drum to a wide variety of music from oldies to modern. Equipment needed: 65cm-75cm exercise ball, 18 gallon bucket, drumsticks and water bottle. We do have drumsticks available for sale for only \$5.

Cost of class is \$5 drop in and that does include an energy tea for during class and a protein shake for after the workout to help rebuild your muscles. We do have a few extra balls and buckets for use during class. Due to limited amount, they will be given out as 1st come, 1st serve basis. We look forward to providing a safe and fun environment to workout in.

Korean Karate Academy Tang Soo Do

Classes available for all levels!
JUNIOR 6:00 P.M. – 7:30 P.M.

\$50.00 per session

SENIOR 7:00 P.M. – 9:00 P.M.

\$55.00 per session

Session 1 : November 8 – January 19, 2017

NO CLASS November 22 & 24

NO CLASS Dec. 20 & 22 and Dec. 27 & 29

Registration Begins: Now through November 8
Classes will be held at the Community Center

ELEMENTS OF EXERCISE

Whether you enjoy the fast paced class of Zumba or slower paced Pilates-Yoga Fusion, we have the class for you. Sample of classes offered are: Zumba, Total Body Boot Camp, Brazilian Lift, Kettlebell and Pilates.

For class times and session dates: elementsofexercise.com

Cost for 6 week session:

1 class per week: \$53

2 classes per week: \$85

3 classes per week: \$101

Register at: elementsofexercise.com

Or

888-363-3635

Classes will be held at the Community Center

Kid's Painting

Looking for a winter project for your kids? This "Dreamy Snowman" picture will fit the bill! We have teamed up with Blue Elephant Painting Studio to introduce the arts to the kids!

"Dreamy Snowman"

January 7 11am

8x10 \$15

Register now through January 2, 2017

Classes will be held at the Community Center

Kids Activities

Engineering for Kids

Engineering For Kids® brings the wonder and excitement of STEM education (science, technology, engineering, mathematics) to children ages 4-14 through a variety of hands-on learning experiences. We encourage to challenge themselves and think critically to solve problems just like real engineers.

Nov. 8: Jr. Robotics: Adventure Stories, ages 4-6,
9am-12pm, \$35

Nov. 8: Heroes Day: Robotics and Mechanical Engineering,
ages 7-11, 9am-3:30pm, \$60

Dec. 27-29: Jr. Marine Engineering, ages 4-6,
9am-12pm, \$95

Dec. 27-29: Marine Engineering and PC Game Design:
Racing Hydrocrafts,
ages 7-11, 9am-3:30pm, \$145

Jan. 3, 4, 5: Jr. Robotics: Soccer, ages 4-6,
9am-12pm, \$95

Jan. 3, 4, 5: Robotics: Battles and Minecraft: Mazes,
ages 7-11, 9am-3:30pm, \$145

Feb. 20: Electrical Engineering and littleBits, ages 7-11,
9am-3:30pm, \$60

Apr. 4, 5, 6: Minecraft and 3D Printing: Minecraft Creations,
ages 7-11, 9am-3:30pm, \$145

Register on-line at:

<https://engineeringforkids.com/location/dearborndownriver>

Daddy/Daughter Dance

Come celebrate an evening together.

**Friday, February 17
6:00 to 8:30 PM**

Allen Park Community Center
D.J., and light snacks

**\$10.00 per person
Photo is an additional \$5.00**

Registration Begins: January 9 to February 10, 2017

Dance will be held at the Community Center



Youth Sports

YOUTH BASEBALL

PLAY BALL! Registration for the 2017 APAC Baseball season will start the first week in January! Please check our website at: www.apacbaseball.com for more information.



YOUTH BASKETBALL
In partnership with
DETROIT PISTONS!

Youth Basketball is back!
The City of Allen Park is teaming with the Pistons Academy to provide emphasis on teamwork, dedication and fitness. All youngsters participating will receive an exclusive Pistons Academy 2 color reversible jersey.

Geared towards grades 3-5 and 6-8.
Games will be played on Saturdays starting in January.

Registration begins: Now through December 1
Fee: \$57
For more information, contact the Recreation Department at 313-928-0771
Practices and Games will be held at the Community Center

Dance and Theatre

DANCE CLASSES

Creative Characters offers all levels of dance classes from Creative Movement to Ballet to Hip Hop. Classes are held at the Allen Park Community Center. For more information and registration, please contact Creative Characters at: creativecharacters.org
Classes begin on September 21st!
Classes will be held at the Community Center

THEATRE

“There’s a Monster in my Closet”

The musical “There’s a Monster in my Closet” will take place on Friday, November 18 and Saturday, November 19, 2016.
For more information, please contact Creative Characters at: creativecharacters.org

“RUDOLF’S REVIEW”

Come celebrate the holiday season!
“Rudolf’s Review” is back!
Each group will learn a song, dance and poem to perform on stage for ages 4-15
Introduction Meeting - Sunday, November 20, 2016
For more information and registration, please contact Creative Characters at: creativecharacters.org
Auditions will be held at the Community Center

ZUMBA KIDS

Zumba Kids features kid friendly routines based on Original Zumba choreography.

| | |
|-----------|-----------------------|
| Ages 7-12 | 5:00-5:45 pm |
| Limit 20 | \$45 per child |

6 week class will be starting soon!
Please call 313-928-0771 for more information

Classes will be held at the Community Center

YOUTH SOCCER

We are pleased to announce that Allen Park Recreational (Rec) Soccer is back!

The Allen Park Rec Soccer Program provides an opportunity for young people in our community to develop healthy life and team skills through active participation in the game of soccer. Our core values are teamwork, fairness and communication, while nurturing a positive environment to strive for excellence.

Registration for the fall 8-week session is \$45. All proceeds from the program will be put back into the soccer program and into the reconditioning of Millward soccer fields. Additional camps and clinics will be held throughout the season. Participants do not have to be residents of Allen Park. The fall season will kick off the week of September 16. For more information on the program, to sign up, or to inquire about sponsorship opportunities, please visit www.muysl.org or call 888-613-4491.

Kid’s Cooking

Junior Chef Academy

Our Cooking School will focus on the techniques and skills necessary in meal preparation. We will be baking, beating, boiling, folding, freezing, grating, greasing, measuring, melting, mixing, peeling, rolling, shredding and slicing our way through fun-filled recipes for breakfast, lunch, dinner and dessert!

| | |
|-----------|-----------------------|
| Ages 7-12 | 10-11:30am |
| Limit 10 | \$45 per child |

5 week class will be held on Saturdays beginning January 7
Registration Begins: November 1
Classes will be held at the Community Center

Ice Arena

PUBLIC SKATING

Under 5: \$1 Residents: \$3 Non-Residents: \$4
Monday-Wednesday-Friday
2:00-3:50 pm

PARENT -TOT SKATING

\$2 Parent \$1 Tot
Tuesday-Thursday
2:00-3:50 pm

DROP-IN

\$10 per skater
Full equipment required
Monday-Wednesday-Friday
9:30-11:20am

STICKS AND PUCKS

\$10 per skater
Helmet, gloves, and stick required
Tuesday-Thursday
9:30-11:20am

HIGH SCHOOL HOCKEY

Enjoy High School Hockey at it's finest!
The "Metro League Champs" Allen Park Jags and the
Cabrini/ take the ice starting mid November! For a
complete list of high school games, visit our
website at: www.cityoffallenpark.org

Your Mayor and Council **WILLIAM MATAKAS, MAYOR**

City Council
Gail McLeod, Mayor Pro-Tem
Angelo DeGiulio
Tina Gaworecki
Kevin Rourke
Harry Sisko
Larry Templin

Elected Officials
Michael Mizzi, City Clerk
Maureen Armstrong, City Treasurer

Senior Tea

2nd Annual Christmas Tea

Join us for our SECOND annual Christmas Tea.
This traditional Tea features scones, soup, simple tea
sandwich, dessert and a special themed Christmas Tea.
Enjoy a quiet time of friendship and conversation.
Date: December 6 Date: December 8
Time: 1pm-3pm Time: 1pm-3pm

Cost: \$10 per person
Limit: 16 per date

Mom and Me Tea

Mom and Me Christmas Tea

Geared towards Moms and Kids!
Join us on Saturday, December 10, for a special
Mommy and Me Tea.
Start a new tradition! Enjoy a simple lunch with your
special guest. While you enjoy your tea, your child will be
busy creating a special craft to take home!
11am-12:30pm
Cost: \$10 per person
Limit: 16

City Events

City Wide Garage Sale SPRING: May 19-21

Registration Deadline: May 16
\$10 permit is required and can be obtained at the
Recreation Department.
Maps to the Garage Sales will be on sale at the Recreation
Department starting the Thursday before the Sale for \$1
For more information, please call the Recreation Office at
313-928-0771.

Parks and Recreation Commission

Douglas Shepherd, Chairperson
Richard Lindow, Vice Chairperson
Margaret Leskosky, Secretary
Bruce Antioch
Steven Kelley
Janine Rossman
James Perry
Brad Crutz
Robert Turner